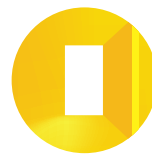


THE SONIA SHANKMAN ORTHOGENIC SCHOOL

# TRANSITION LEARNING CENTER (TLC) PROGRAM



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The Transition Learning Center Program is a full-day transition program for students aged 17-21 who have satisfied their high school academic requirements, have post-secondary aspirations, and can benefit from extra time, preparation, and skill development to achieve their post-high school goals and satisfy their IEP goals.

## Mission

The Transition Learning Center Program is designed to support students in transition from high school to adult life through instructional and community-based experiences that will prepare them for post-secondary success while promoting greater independence in the execution of practical life skills.

## Why TLC?

The Transition Learning Center Program allows students to begin experiencing adult life activities both in the classroom and community while having the support of instructional and support staff including therapists and a transition coach. When and where appropriate, students can participate in a host of school and community-based opportunities including educational and recreational activities, as well as (non-paid) internships. These experiences are intended to foster an understanding of the expectations and responsibilities associated with adult life so that students can better navigate college, the world of work, and/or independent living. Students can also explore their postsecondary options, set realistic and attainable goals, and begin practicing their vision for life as a young adult. The program also helps students and families identify and make connections with adult services and supports that might be needed in the future.

## Location

The program is housed on the second floor of the Sonia Shankman Orthogenic School in a suite complete with a classroom, kitchen, office, and small meeting spaces.

## Eligibility Criteria

1. Non-diploma young adults ages 17-21 with average to above average IQs who are about to meet or have already satisfied their high school graduation requirements
2. Students who exhibit persistent mental health challenges such as anxiety or depression and/or have a diagnosis of autism
3. Young adults who exhibit the capacity to self-regulate, and complete work independently and who do not pose a threat to themselves or others.
4. Students who are committed to being fully engaged in a predictable, structured transition program aimed at preparing them for independence
5. Young adults who use and rely on relationships to manage challenging situations
6. Students who have goals and the ability to attend college and/or work

## When Can Students Enter the TLC Program?

Eligible students have completed or are just about to complete all credit requirements for HS graduation. Students continue to work towards identified social-emotional and any applicable transition IEP goals.

## Key Features

- Full-day program, operating from 9 am to 3:15 pm Mondays through Fridays
- Structured curriculum comprised of transitional topics, support in strengthening core academic skills, and health and wellness activities customized to address students' needs and Individualized Education Plan (IEP) goals
- Community-based experiences (i.e., internships, college courses, field trips, service learning)
- Weekly individual therapy sessions
- Family therapy and transition planning support
- Daily breakfast and lunch
- College preparation
- Executive functioning skills
- Social-emotional learning
- Job readiness training
- Financial management
- Business basics



For more information about the Transition Learning Center Program, please contact:

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To learn more about the Sonia Shankman Orthogenic School visit: **OSchool.org**

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